

What to Pack 7th and 8th Grades

What to Pack helps middle school students to plan for high school and beyond, exploring their interests and career options. It covers budgeting, introduces Holland Interest groups, links education to career choices, and assists students in creating high school plans.



Mock Job Interview Activity

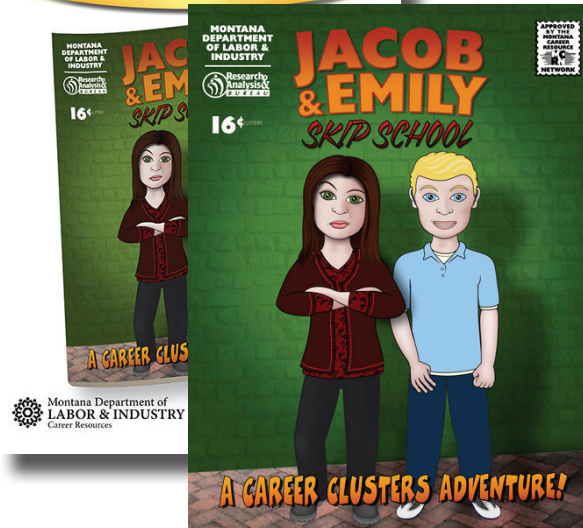
Mock Job Interview Activity is a fun way to teach students about proper interview techniques. The activity includes a sample script for a bad interview and a good interview along with a tip sheet and teacher instructions.

MOCK JOB INTERVIEW ACTIVITY



Jacob and Emily Skip School 5th and 6th Grades

TEACHER'S GUIDE



This publication introduces the concept of career clusters by telling the story of a set of twins who spend the day learning about careers. The characters may be fictional, but the interviews come from real-life professionals in the featured occupations. Each occupation represents one of the 16 career clusters, and features basic career information like wages, hours, travel, and educational requirements. Students also get an overview of each cluster and its associated pathways. The accompanying teacher's guide provides supplemental activities that reinforce the lessons of the book.

www.careers.mt.gov

Middle school
is the perfect
time to start
career planning.



Montana Department of
LABOR & INDUSTRY
Career Resources



We have just what you need to help your middle school students explore careers.

Each publication and MCIS Junior has been designed specifically for the career development needs of each age group. Everything is available at no cost. They can be accessed at www.careers.mt.gov or you can place an order by calling 800-541-3904 or emailing mcrn@mt.gov.

MCIS Junior

MCIS Junior is an internet-based career information delivery system designed specifically for middle school students. This easy-to-use system has assessments such as the Career Cluster Inventory, Reality Check, Portfolio, and the Big Sky Pathways Course Planner. The system is available anywhere there is internet access at no cost.



The MCIS Junior Workbook is a step-by-step guide to help students get the most out of MCIS Junior. The workbook teaches them how to create a portfolio, build a career plan, identify their skills and interests, and implement an action plan. The workbook contains activities not found in MCIS.